

# Normal vs. Not Normal Aging

JANUARY 12TH, 2023  
1:00 - 2:30 PM

**TWIN LAKES' SHIRLEY DAVIES COMMUNITY CENTER  
9840 MONTGOMERY ROAD  
CINCINNATI, OH 45242**

**SPONSORED BY:**



**CE AVAILABLE:  
SW AND NURSING**

## Live Workshop

This is an ideal opportunity to sharpen your professional skills in order to confidently serve the ever-expanding population of seniors with Dementia.

### WORKSHOP OBJECTIVES:

- Understand the limitations of identifying Dementia by physical assessment
- Describe the five sensory input and processing systems
- Demonstrate hands-on skills to reduce agitation and promote cooperation
- Distinguish between normal and not normal aging following the dramas
- Implement skills to calmly respond to clients with progressive brain disease



CE evaluations provided at the event. Certificates provided online following course. For CE questions and concerns, call 513-222-6962.



**[RSVP: lec.org/community-involvement/live-workshop](http://lec.org/community-involvement/live-workshop)**

### PRESENTED BY TERESA YOUNGSTROM



Teresa Youngstrom is a seasoned RN, Dementia Specialist and a PAC Certified Independent Trainer. Her passion and experience with Dementia has led her to start her own business, "A Better Approach to Memory Care" where she provides Staff Training, Family Consultations, and Educational Workshops for families and professionals.

*There is no conflict of interest or commercial support for this program.*